



Recommended Vegetable Varieties

Chart modified and updated from EC 313,
created by Dr Alvin Hamson

RECOMMENDED VEGETABLE VARIETIES FOR UTAH	FOR FAMILY OF FIVE (Fresh and Storage)				PLANT SPACING	
	Days to Harvest	Feet of Row	Seed or Plants	Plant Depth (inches)	In Rows (inches)	Between rows (inches)
Group A Hardy: Plant as soon as soil dries out in the spring- March 15 to May 1 unless otherwise indicated						
ASPARAGUS: Waltham Washington, Jersey Knight	Perennial	100	50 plants	8	24	36 - 48
RHUBARB: Canada Red, Ruby, Valentine	Perennial	20	10 plants	6	24	36 - 48
BROCCOLI: Plant through July 15						
Packman Hybrid, Green Comet Hybrid	50 55	50	25 plants	4	18	18 - 24
Premium Crop Hybrid, Paragon Hybrid	65 75					
CABBAGE: Harvester Queen Hybrid, Golden Acre 84, Stonehead Hybrid	60 62 70	30	30 plants	4	18	18 - 24
Tastie Hybrid, Market Prize Hybrid, Ruby Perfection Hybrid	70 70 80					
Gourmet Hybrid, Savoy Ace Hybrid, Custodian Hybrid	70 85 95					
KOHLRABI : Waldemar Hybrid, Purple Danube Hybrid, Kongo, Kolibri	55 55 55 45	25	1 ounce	1/2 - 3/4	8	14 - 18
ONIONS: Sets or Transplants: Early Ebenezer, Utah Yellow Sweet Spanish, Walla Walla	80 90 90	50	2 lb (300)	1 1/4 - 2	4 - 6	14 - 18
Evergreen White bunching (green onions)	60	25	1 packet	1/2 - 1	1 - 3	14 - 18
Crystal White Wax (pickler)	90				2 - 4	
PEAS: Plant through May 15						
Early Frosty, Lincoln, Patriot Banquet	64 67 58				2	
Edible Pod: Little Sweetie, Snowflake, Oregon Sugar Pod II	60 62 65	100	1 1/2 lbs	1/2 - 1		18 - 24
Snap Pea: Sugar Ann, Early Snap, Sugar Daddy	58 62 74					
RADISH: Plant through Sept 1						
Champion, Cherry Beauty, Easter Egg	28 28 30	25	1 ounce	1/2 - 3/4	1	14 - 18
Burpee White, Snow Belle, Icicle	25 28 30					
SPINACH: Skookum Hybrid, Avon Hybrid	38 40	60	1 ounce	1/2 - 3/4	2 - 4	14 - 18
Melody Hybrid, Symphonie Hybrid	42 44					
TURNIP: Tokyo Cross Hybrid, Market Express Hybrid	35 40	25	1 ounce	1/2	1 - 2	14 - 18
White Lady Hybrid, DeNancy	40 42					
Group B Semi hardy: Plant a week or two after "A" group - March 20 - May 1 unless otherwise indicated						
BEET: Plant through July 15						
Monogerm, Pacemaker III Hybrid, Earlisweet Hybrid	45 50 55	50	1 ounce	3/4 - 1 1/4	1 - 2	14 - 18
Golden Detroit Beet, Warrior I, Detroit Dark Red	55 57 63					
Cylindra	60					
CARROT: Plant through June 15						
Lindoro Hybrid, Orbit (round), Ingot Hybrid	63 50 66	100	1 ounce	1/2	1 - 2	14 - 18
Pioneer Hybrid, Scarlet Nantes, Tuodo Hybrid	67 68 70					
CAULIFLOWER: Plant through July 1						
Snow Crown Hybrid, Early Snowball, White Sails Hybrid	50 52 58	30	20 plants	4	12 - 18	30 - 36
Starbright Y Hybrid, Ravella Hybrid, Avalanche	68 70 75					
ENDIVE: Plant through June 15						
Salad King, Green Curled	95 95	20	1 packet	1/2 - 3/4	12	14 - 18
LETTUCE: Leaf Green Ice, Oakleaf, Red Sails, Flame	45 45 45 60	50	1 ounce	1/4 - 1/2	6	14 - 18
Butterhead, Anuenue, Cindy, Buttercrunch, Citation	50 57 64 65					
Crisp Head - Crispy, Salinas, Ithaca, Empire, Summertime	65 65 72 72 72					
Cos or Romaine - Cosmo, Barcarole, Signal, Valmaine	65 68 70 70					
PARSLEY: Paramount, Extra Curled Dwarf, Banquet	70 70 78	10	1 packet	1/4 - 1/2	12	14 - 18
PARSNIP: All America, Model, Gladiator	70 76 80	10	1 packet	1/4 - 1/2	12	14 - 18
POTATO: Red skin types, Norland, Red Pontiac, LaSota	100 125 125	200	20 Pounds	5 - 6	12	30 - 36
White skin types, Kennebec, Norgold Russet, Russet Burbank, Yukon Gold	125 125 125 100					
SALSIFY: Plant through May 15						
Mammoth Sandwich Island	140	25	1 packet	1/2 - 3/4	6	18
SWISS CHARD: Plant through July 1						
Rhubarb, Fordhook Giant, Bright Lights	50 60 60	25	1 packet	3/4 - 1 1/4	6	18 - 24

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	Days to Harvest	Feet of Row	Seed or Plants	Plant Depth (inches)	In Rows (inches)	Between rows (inches)
Group C Tender: Plant on the average date of the last spring frost, about when the first apples bloom - May 5 - June 20 unless otherwise indicated.						
DRY BEAN: Plant through June 1						
Great Northern, Pinto	90 100	200	1 pound	1 - 1 1/2	3	18 - 24
SNAP BEAN: Plant through June 10						
Pole types: Blue Lake, Romano Pole	63 60	150	1 pound	1 - 1 1/2	6 - 12	18 - 24
Bush Blue Lake types: Bush Blue Lake 274, Oregon Trail	55 55	150	2 pounds	1 - 1 1/2	3	18 - 24
Bush Green types: Strike, Triumph, Slenderette	45 52 53					
Wax Types: Goldcrop, Sungold, Golden Rod	54 56 56					
CELERY: Plant through June 14 - Hardy but shoot to seed if planted too early						
Utah, Summer Pascal	125 115	25	50 plants	3	12	18 - 24
SWEET CORN: Plant through July 1						
Standard Hybrids - Yellow, Earlivee, Golden Earlipack, Jubilee	63 73 82	400	1 1/2 pounds	1 - 1 1/2	12	30 - 36
Sugary Enhancer Hybrids (Best series for flavor)						
Yellow: Bodacious, Precocious, Sugar Buns	72 66 72					
Honey Buns, Incredible, Miracle	73 85 85					
Bi-color: Breeder's Choice, Double Delight, Honey and Pearl	70 80 78					
White: Platinum Lady	80					
Super Sweet Hybrids (Should be isolated to insure optimal flavor)	70 72 84 85					
Yellow: Super-Sweet Jubilee, Sweetie, Serendipity	82 84 75					
CUCUMBER: Pickling: Bush Pickle, Calypso Hybrid, Wisconsin SMR 18	45 52 54	30	1/2 ounce	1 - 1 1/2	24	48
Slicing: Dusky Hybrid, Sweet Slice Hybrid, Marketmore 80	58 63 67					
Mild Flavor: Euro-American Hybrid, Sweet Success Hybrid, Jet Set Hybrid	45 55 57					
Compact Plant Slicers Pot Luck Hybrid Bush, Champion Hybrid, Salad Bush Hybrid	53 55 57					
SPINACH: Summer, New Zealand	65	20	1 packet	1/2 - 3/4	10 - 12	18 - 24
SUMMER SQUASH: Yellow: Dixie Hybrid, Butterbar Hybrid, Gold Rush,	45 50 52	25	1/2 ounce	1 - 1 1/2	30	36
Patty Pan, Peter Pan Hybrid, Sunburst Hybrid	50 55					
Green: Zucchini Elite Hybrid, Spineless Zucchini Hybrid, Black Jack, Tivoli	48 48 55 90					
Other: Scallopini, Gourmet Globe, Butter Blossom	50 50 85					
Group D Very Tender: Plant when the soil is warm about two weeks after "C" group - May 20 to June 10 unless otherwise noted.						
LIMA BEANS: Fordhook 242, Kingston	75 65	100	1 pound	1 - 1 1/2	4	18 - 24
CANTALOUPE: Summet Hybrid, Harper Hybrid, Classic Hybrid	78 80 80	100	1 ounce	1 - 1 1/2	24 - 48	48 - 60
Magnum 45 Hybrid, Mission Hybrid, Burpee's Ambrosia	78 85 86					
Related Melons: Early Dew, Early Hybrid Crenshaw, Jade Dew	75 85 90					
EGGPLANT: Plant through June 1						
Dusky Hybrid, Early Royal Hybrid, Ichiban	60 61 65	30	20 plants	4	18	24 - 30
Black Bell, Burpee Hybrid, Classic	68 70 76					
PEPPER: Plant through June 1						
Sweet: Park's Whopper Imp. Hybrid, Bell Boy Hybrid, Yolo Wonder L.	71 72 75					
Valley Giant Hybrid, Big Bertha, Pip	70 72 75	45	30 plants	4	18	24 - 30
Yellow: Gypsy Hybrid, Sweet Banana, Romanian Sweet	62 65 65					
Hot: Early Jalapeno, Long Red Slim Cayenne, Super Chili Hybrid, Thai Hot	70 72 75 75					
WINTER SQUASH: Buttercup, Waltham Butternut, Pink Banana Jumbo	100 99 115	20	1 packet	1 - 1 1/2	24	48
Sweet Mama, Sweet Meat, Spaghetti	85 103 110					
Bush types: Early Butternut, Burpee's Butterbush, Bush Buttercup	85 75 105					
TOMATO: Cherry: Presto Hybrid, Sweet 100 Hybrid, Sweet Million Hybrid, Sun Sugar	55 60 65 62	120	60 plants	4 - 6	24	36
Medium Sized: Red King Hybrid, Celebrity Hybrid, Roza (Curly Top Resistant)	65 70 65					
Large Fruit: Red Express Hybrid, Pole King Hybrid, Big Beef	65 75 75					
Large Firm: Fresh Pak Hybrid, DX 52-12 (Hamson)	73 70					
Paste: Square Paste, Royal Chico, Super Marzano	74 75 75					
Cold Set: Oregon Spring, Glacier, Stupice (spring or fall production)	60 63 52					
WATERMELON: Mickylee, Sugar Belle Hybrid, Long Crimson	75 78 78	120	60 plants	4 - 6	36 - 48	36 - 48
Crimson Sweet, Mirage Hybrid, Triple Sweet Seedless	85 85 90					
Yellow-fleshed types Yellow Baby hybrid, Yellow Doll, Tri-X-313 Seedless	70 75 90					

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Group E: Special plants for fall harvest - July 1 to August 1 unless otherwise indicated						
BEETS: Earlisweet Hybrid, Pacemaker II, Detroit Dark Red	49 55 63	50	1 ounce	3/4 - 1 1/4	2	14 - 18
BROCCOLI: Plant through July 15						
Packman Hybrid, Green Comet Hybrid	50 55	50	25 plants	4	18	18 - 24
Premium Crop Hybrid, Paragon Hybrid	65-75					
CABBAGE: Harvester Queen Hybrid, Golden Acre 84, Stonehead Hybrid	60 62 70	30	30 plants	4	18	18 - 24
Tastie Hybrid, Market Prize Hybrid, Ruby Perfection Hybrid	70 70 80					
Gourmet Hybrid, Savoy Ace Hybrid, Custodian Hybrid	70 85 95					
Kraut: Savoy Ace	85	30	30 plants	4	18	24 - 30
Storage: Danish Butterball	100					
CARROT: Lindoro Hybrid, Ingot Hybrid	63 66	100	1 ounce	1/2	1 - 2	14 - 18
Pioneer Hybrid, Scarlet Nantes, Tuodo Hybrid	67 68 70					
CAULIFLOWER: Snow Crown Hybrid, Early Snowball, White Sails Hybrid	50 52 58	30	20 plants	4	12 - 18	30 - 36
Starbright Y Hybrid, Ravella Hybrid, Avalanche	68 70 75					
KALE: Plant through August 15						
Vates, Dwarf Siberian (excellent for late fall and early spring harvests)	55 65	40	1 packet	1/2 - 3/4	12	18 - 24
KOHLRABI: Waldemar Hybrid, Purple Danube Hybrid, Kongo, Kolibri	55 55 55 55	25	1 ounce	1/2 - 3/4	8	14 - 18
LETTUCE: Plant June 1 - Aug 1						
Head: Great Lakes, Over wintering Great Lakes	80	50	1/2 ounce	1/4 - 1/2	12	14 - 18
RUTABAGA: Plant June 15 through July 1						
American Purple Top, Macomber	90 92	50	1 packet	1/2 - 3/4	2 - 4	4 - 18
SPINACH: Plant through August 15						
Skookum Hybrid, Avon Hybrid, Melody Hybrid	38 40 42	60	1 ounce	1/2 - 3/4	2 - 4	14 - 18
TURNIP: Tokyo Cross Hybrid, Market Express Hybrid	24 40	25	1 ounce	1/2	1 - 2	14 - 18